

**Expanded BRFSS, 2003**

**Livingston, Ontario**

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## Ever had Blood Cholesterol Checked

*Livingston, Ontario*

Demographic Groups	n <sup>1</sup>	Yes % <sup>2</sup>	n	No %	C.I. <sup>3</sup>
Total	502	78.4	104	21.6	4.0
Gender					
Male	208	75.8	50	24.2	6.1
Female	294	80.9	54	19.1	5.1
Age					
18-34	71	51.2	59	48.8	9.4
35-54	211	86.8	32	13.2	4.7
≥55	217	93.1	13	6.9	3.8
Education					
≤High School	198	75.8	48	24.2	6.5
>High School	303	80.0	56	20.0	5.1

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>2</sup>Weighted Percent

<sup>3</sup>95% Confidence Interval

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## Had Blood Cholesterol Checked in the Past Five Years

*Livingston, Ontario*

Demographic Groups	n <sup>1</sup>	Yes % <sup>2</sup>	n	No %	C.I. <sup>3</sup>
Total	480	75.9	121	24.1	4.1
Gender					
Male	198	73.0	57	27.0	6.3
Female	282	78.7	64	21.3	5.2
Age					
18-34	68	50.0	60	50.0	9.5
35-54	198	82.9	43	17.1	5.1
≥55	212	91.4	17	8.6	4.2
Education					
≤High School	190	72.8	54	27.2	6.7
>High School	289	77.9	67	22.1	5.2

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>2</sup>Weighted Percent

<sup>3</sup>95% Confidence Interval

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## Adults with a Disability

*Livingston, Ontario*

Demographic Groups	n <sup>1</sup>	Yes % <sup>2</sup>	n	No %	C.I. <sup>3</sup>
Total	139	19.7	481	80.3	3.4
Gender					
Male	56	18.3	205	81.7	4.9
Female	83	21.2	276	78.8	4.7
Age					
18-34	22	13.2	116	86.8	5.8
35-54	51	17.8	194	82.2	5.0
≥55	65	27.7	169	72.3	6.5
Education					
≤High School	61	21.3	192	78.7	5.5
>High School	78	18.7	288	81.3	4.3

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>2</sup>Weighted Percent

<sup>3</sup>95% Confidence Interval

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## Eat Five Fruits or Vegetable Servings per Day

*Livingston, Ontario*

<b>Demographic Groups</b>	<b>n<sup>1</sup></b>	<b>Yes %<sup>2</sup></b>	<b>n</b>	<b>No %</b>	<b>C.I.<sup>3</sup></b>
Total	180	29.3	441	70.7	4.1
Gender					
Male	60	20.7	201	79.3	5.3
Female	120	37.7	240	62.3	5.9
Age					
18-34	45	33.8	93	66.2	8.8
35-54	67	28.7	178	71.3	6.2
≥55	68	26.3	167	73.7	6.2
Education					
≤High School	55	22.0	199	78.0	6.0
>High School	125	34.2	241	65.8	5.5

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## Ever Been Told Have High Blood Pressure by a Medical Professional

*Livingston, Ontario*

<b>Demographic Groups</b>	<b>n<sup>1</sup></b>	<b>Yes %<sup>2</sup></b>	<b>n</b>	<b>No %</b>	<b>C.I.<sup>3</sup></b>
Total	170	25.2	449	74.8	3.8
Gender					
Male	77	26.4	184	73.6	5.7
Female	93	24.1	265	75.9	4.9
Age					
18-34	14	9.7	123	90.3	5.2
35-54	42	17.2	203	82.8	5.3
≥55	112	47.4	122	52.6	7.1
Education					
≤High School	80	28.9	173	71.1	6.1
>High School	90	22.8	275	77.2	4.8

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>2</sup>Weighted Percent

<sup>3</sup>95% Confidence Interval

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## Had a Fall in Past Three Months

*Livingston, Ontario*

Demographic Groups	n <sup>1</sup>	No fall % <sup>2</sup>	C.I. <sup>3</sup>	n	Fall with injury %	C.I.	n	Fall no injury %	C.I.
Total	297	84.8	4.0	23	5.6	2.6	38	9.6	3.2

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>2</sup>Weighted Percent

<sup>3</sup>95% Confidence Interval

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## Had a Flu Shot in the Past 12 Months, Aged 65 and Older

*Livingston, Ontario*

Demographic Groups	n <sup>1</sup>	Yes % <sup>2</sup>	n	No %	C.I. <sup>3</sup>
Total	94	80.9	25	19.1	7.6

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>2</sup>Weighted Percent

<sup>3</sup>95% Confidence Interval

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## Had a Flu Shot in the Past 12 Months

*Livingston, Ontario*

Demographic Groups	n <sup>1</sup>	Yes % <sup>2</sup>	n	No %	C.I. <sup>3</sup>
Total	259	39.1	356	60.9	4.3
Gender					
Male	101	37.1	158	62.9	6.5
Female	158	41.0	198	59.0	5.7
Age					
18-64	163	30.6	330	69.4	4.5
≥65	94	80.9	25	19.1	7.6
Education					
≤High School	107	40.3	144	59.7	6.8
>High School	152	38.3	211	61.7	5.6

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>2</sup>Weighted Percent

<sup>3</sup>95% Confidence Interval

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## Ever Had a Pneumonia Shot, Aged 65 and Older

*Livingston, Ontario*

Demographic Groups	n <sup>1</sup>	Yes % <sup>2</sup>	n	No %	C.I. <sup>3</sup>
Total	91	79.8	24	20.2	8.1

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>2</sup>Weighted Percent

<sup>3</sup>95% Confidence Interval

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**Ever Had a Pneumonia Shot**

*Livingston, Ontario*

<b>Demographic Groups</b>	<b>n<sup>1</sup></b>	<b>Yes %<sup>2</sup></b>	<b>n</b>	<b>No %</b>	<b>C.I.<sup>3</sup></b>
Total	169	27.0	407	73.0	4.1
Gender					
Male	72	25.7	165	74.3	5.8
Female	97	28.2	242	71.8	5.6
Age					
18-64	78	16.2	381	83.8	3.9
≥65	91	79.8	24	20.2	8.1
Education					
≤High School	79	30.3	162	69.7	6.6
>High School	90	24.7	244	75.3	5.1

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<sup>3</sup>95% Confidence Interval

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## Have Had Permanent Teeth Removed because of Tooth Decay or Gum Disease

*Livingston, Ontario*

Demographic Groups	n <sup>1</sup>	Yes % <sup>2</sup>	n	No %	C.I. <sup>3</sup>
Total	302	46.0	305	54.0	4.5
Gender					
Male	127	45.4	129	54.6	6.7
Female	175	46.5	176	53.5	5.9
Age					
18-34	27	17.1	108	82.9	6.5
35-54	109	44.6	134	55.4	7.0
≥55	165	74.9	61	25.1	6.1
Education					
≤High School	164	62.4	80	37.6	7.3
>High School	137	35.3	225	64.7	5.5

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<sup>2</sup>Weighted Percent

<sup>3</sup>95% Confidence Interval

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## Having Seen a Dental Professional in the Past 12 Months

*Livingston, Ontario*

Demographic Groups	n <sup>1</sup>	Yes % <sup>2</sup>	n	No %	C.I. <sup>3</sup>
Total	484	83.0	96	17.0	3.5
Gender					
Male	198	81.9	44	18.1	5.4
Female	286	84.1	52	15.9	4.5
Age					
18-34	102	77.4	33	22.6	7.5
35-54	211	87.5	30	12.5	5.1
≥55	168	83.1	33	16.9	5.7
Education					
≤High School	169	76.5	54	23.5	6.1
>High School	314	86.9	42	13.1	4.3

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>2</sup>Weighted Percent

<sup>3</sup>95% Confidence Interval

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## Trying to Lose Weight

*Livingston, Ontario*

Demographic Groups	n <sup>1</sup>	Yes % <sup>2</sup>	n	No %	C.I. <sup>3</sup>
Total	312	47.3	304	52.7	4.5
Gender					
Male	102	37.4	158	62.6	6.5
Female	210	56.9	146	43.1	5.9
Age					
18-34	58	40.5	77	59.5	9.1
35-54	137	51.1	108	48.9	7.1
≥55	115	48.8	118	51.2	7.2
Education					
≤High School	117	44.6	133	55.4	7.0
>High School	195	49.1	170	50.9	5.8

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<sup>2</sup>Weighted Percent

<sup>3</sup>95% Confidence Interval

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**Trying to Maintain Current Weight of Those not Trying to Lose Weight**

*Livingston, Ontario*

<b>Demographic Groups</b>	<b>n<sup>1</sup></b>	<b>Yes %<sup>2</sup></b>	<b>n</b>	<b>No %</b>	<b>C.I.<sup>3</sup></b>
Total	189	60.1	113	39.9	6.2
Gender					
Male	89	54.5	68	45.5	8.6
Female	100	68.0	45	32.0	8.6
Age					
18-34	40	53.9	37	46.1	12.0
35-54	68	57.5	39	42.5	10.6
≥55	80	69.1	37	30.9	9.1
Education					
≤High School	83	61.7	49	38.3	9.4
>High School	105	58.8	64	41.2	8.3

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>2</sup>Weighted Percent

<sup>3</sup>95% Confidence Interval

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## Eating Fewer Calories or Less Fat to Lose or Maintain Weight

*Livingston, Ontario*

Demographic Groups	n <sup>1</sup>	Yes % <sup>2</sup>	n	No %	C.I. <sup>3</sup>
Total	391	77.8	104	22.2	4.2
Gender					
Male	139	72.3	50	27.7	7.3
Female	252	82.3	54	17.7	4.7
Age					
18-34	66	65.8	31	34.2	10.5
35-54	165	82.4	39	17.6	5.6
≥55	159	83.3	32	16.7	5.9
Education					
≤High School	149	74.7	48	25.3	6.9
>High School	241	79.8	56	20.2	5.4

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## Using Physical Exercise to Lose or Maintain Weight

*Livingston, Ontario*

<b>Demographic Groups</b>	<b>n<sup>1</sup></b>	<b>Yes %<sup>2</sup></b>	<b>n</b>	<b>No %</b>	<b>C.I.<sup>3</sup></b>
Total	373	77.3	126	22.7	4.0
Gender					
Male	134	74.3	55	25.7	6.6
Female	239	79.7	71	20.3	4.8
Age					
18-34	80	86.8	17	13.2	6.3
35-54	158	77.5	47	22.5	6.4
≥55	133	69.8	61	30.2	7.1
Education					
≤High School	135	71.8	63	28.2	6.8
>High School	238	80.9	62	19.1	4.8

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>2</sup>Weighted Percent

<sup>3</sup>95% Confidence Interval

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## Ever Had a Pap Smear

*Livingston, Ontario*

Demographic Groups	n <sup>1</sup>	Yes % <sup>2</sup>	n	No %	C.I. <sup>3</sup>
Total	288	96.8	6	3.2	2.9

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>2</sup>Weighted Percent

<sup>3</sup>95% Confidence Interval

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## Had a Pap Smear in Past 3 Years

*Livingston, Ontario*

Demographic Groups	n <sup>1</sup>	Yes % <sup>2</sup>	n	No %	C.I. <sup>3</sup>
Total	263	89.7	30	10.3	4.1

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>2</sup>Weighted Percent

<sup>3</sup>95% Confidence Interval